Winter 2018

Academic Strategies Workshops

The Academic Strategies workshops give you advanced tools for tackling the complex demands of university coursework. Learn high impact strategies that will help you master your course content, manage multiple deadlines, and boost your academic performance.

Note: Individual Workshops and Workshop packages available.

<table>
<thead>
<tr>
<th>Time Management</th>
<th>Dates</th>
<th>Times</th>
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<tbody>
<tr>
<td>Think you have to study 24/7 to ace university? Not so. Learn how to maximize your learning by effectively structuring your study time with practical weekly and monthly schedules. <strong>Bring your course outlines.</strong> ($40)</td>
<td>Sat., Jan. 13</td>
<td>9 a.m. – 11 a.m.</td>
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<td></td>
<td>Mon., Jan. 15</td>
<td>5:30 p.m. – 7:30 p.m.</td>
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<tr>
<th>Study Strategies</th>
<th>Dates</th>
<th>Times</th>
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<tr>
<td>Does it feel like you study for hours without learning anything? Discover practical strategies for reading, note-taking, and remembering to help you study efficiently and effectively. <strong>Bring your course outlines.</strong> ($40)</td>
<td>Wed., Jan. 17</td>
<td>5:30 p.m. – 7:30 p.m.</td>
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<td>Sat., Jan. 20</td>
<td>9 a.m. – 11 a.m.</td>
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<th>Engaging Presentations</th>
<th>Dates</th>
<th>Times</th>
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<tr>
<td>Learn how to develop and deliver dynamic, engaging presentations. This three-hour session covers presentation organization and formats, verbal and non-verbal communication tips, vocal techniques, PowerPoint design and use, and more. <strong>($50)</strong></td>
<td>Sat., Jan. 20</td>
<td>1 p.m. – 4 p.m.</td>
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<td>Sat., Mar. 3</td>
<td>8:30 a.m. – 11:30 a.m.</td>
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<tr>
<th>Exam Management</th>
<th>Dates</th>
<th>Times</th>
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<td>How do you prep for midterms while keeping up with your coursework? Or, stop stress from sabotaging your exam performance? Learn how to manage exams successfully during a busy term. <strong>Bring your course outlines.</strong> ($50)</td>
<td>Sat., Jan. 27</td>
<td>9 a.m. – Noon</td>
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<td></td>
<td>Tues., Jan. 30</td>
<td>5:30 p.m. – 8:30 p.m.</td>
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See reverse for more workshops-

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<tr>
<th>Individual Appointments</th>
<th>NOTE: Appointments must be scheduled in advance</th>
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<tbody>
<tr>
<td>In these 45-50 minute appointments, receive individualized expert help with your academic concerns, from writing, time management, and exams to studying, reading, and presentations. <strong>($25/session or $60/3 sessions)</strong></td>
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Pre-registration is required for all workshops & consultations
Register at 2-300 SUB or call 780.492.2682 or visit www.studentsuccess.ualberta.ca

All fees include GST
Winter 2018

Academic Strategies Workshops

Managing Major Projects
Balancing your coursework, research, projects, and personal life can be difficult, especially when dealing with procrastination. Learn practical scheduling strategies to help you become more productive and less stressed, as well as strategies for dealing with distractions. ($40)

Note: Ideal for senior undergraduates and graduate students.

Dates
Times
Tues., Jan. 30
9 a.m. – 11 a.m.

The ABCs of Multiple Choice
Having problems with multiple choice exams? Learn how to prepare for, read, interpret, and master this challenging exam format at the university level. ($40)

Dates
Times
Wed., Jan. 31
5:30 p.m. – 7:30 p.m.
Sat., Feb. 3
9 a.m. – 11 a.m.

Reading Research Papers
Do you need to sort through numerous research papers and remember the main focus of each? Learn to become effective in your reading, manage multiple sources, and make the most of your time and effort. ($40)

Note: Ideal for senior undergraduates and graduate students.

Dates
Times
Tues., Feb. 13
9 a.m. – 11 a.m.

Final Exam Planning
Are you ready for your final exams? Plan your studying, and learn how to deal with multiple final exams in this hands-on workshop. Bring your course outlines, exam topics, and exam dates. ($40)

Dates
Times
Sat., Mar. 10
9 a.m. – 11 a.m.
Wed., Mar. 14
5:30 p.m. – 7:30 p.m.

Strategies for Academic Success Packages
NOTE: In-person or phone registration only

Plan for success with FIVE WORKSHOPS scheduled to keep you on track through the term! Includes Time Management, Study Strategies, Exam Management, the ABCs of Multiple Choice, and Final Exam Planning workshops. Students will also receive ONE complimentary individual appointment. ($175)

-See reverse for more workshops-

Individual Appointments
NOTE: Appointments must be scheduled in advance
In these 45-50 minute appointments, receive individualized expert help with your academic concerns, from writing, time management, and exams to studying, reading, and presentations. ($25/session or $60/3 sessions)

Pre-registration is required for all workshops & consultations
Register at 2-300 SUB or call 780.492.2682 or visit www.studentsuccess.ualberta.ca

All fees include GST